

How to organise a sponsored walk or run



Wonderful walks

Completing a sponsored walk or run is a great way to raise money for Centrepoint whilst getting fit and taking in the sights!

Decide on a date

Depending on how long your route is you may want to factor in some training beforehand. You can either plan a long walk or run or if you'd rather spread it out, how about doing a month long step challenge instead?

Choose a route

Decide on your distance and look for local routes in your area, something scenic is always nice.

Record your walk or run

Download an app like strava to record your distance and speed so you can share your success with all your supporters at the end.

Promote it

Set up a JustGiving page and share it on social media asking friends and family to sponsor you. Make sure to include a picture, a target and a description about why you're fundraising for Centrepoint to increase donations!



Stay in touch – email us at events@centrepoint.org for fundraising tips or resources in the lead up to your event. We'd love to send you one of our branded t-shirts to wear in training and on the day!

